

WHAT TO DO TO PROTECT YOURSELF FROM MOSQUITOES



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ELIMINATES UNNECESSARY CONTAINERS
(CANS, TINS, BOTTLES, ETC.) AND USED TYRES

2



SHELTER EVERYTHING THAT CAN COLLECT RAINWATER FROM THE RAIN

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COVER TANKS, CISTERNS, WATERING TANKS FOR GARDENS, VEGETABLE GARDENS AND ALL CONTAINERS WHERE RAINWATER COLLECTS WITH MOSQUITO NETS, TARPULINS OR LIDS

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EMPTY SAUCERS, ANIMAL DRINKING BOWLS AND ANY OTHER
CONTAINERS LEFT OUTDOORS ON A WEEKLY BASIS

5

STORE WATERING CANS, WATER BUCKETS AND OTHER CONTAINERS
WITH THE OPENING FACING DOWNWARDS



6

IN FOUNTAINS AND ORNAMENTAL PONDS PUT GOLDEN FISHES OR OTHER FISHES THAT FEED ON LARVAE AND MOSQUITOES



7

CHECK THAT GUTTERS ARE CLEAN AND UNOBSTRUCTED AND THAT SHEETS COVERING PILES OF MATERIALS DO NOT RETAIN WATER



8

TREAT MANHOLES, DRAINS AND OTHER NON-REMOVABLE WATER STAGNATIONS REGULARLY WITH LARVICIDE PRODUCTS



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The main larvicides on the market are preparations based on: **Bti** (*Bacillus thuringiensis* var. *israelensis*): **this is one of the** larvicide products with the least environmental impact, as it acts almost exclusively on mosquito larvae. Its limitation is in its persistence, which requires the repetition of the intervention on a weekly basis.



10

TO PREVENT MOSQUITO BITES



PROTECT YOUR HOME WITH MOSQUITO NETS ON DOORS AND WINDOWS, OR IF THIS IS NOT POSSIBLE, BY USING PYRETHRUM-BASED SPRAYS OR OTHER HOUSEHOLD INSECTICIDES, OR ELECTRIC INSECTICIDE DISPENSERS, VENTILATING THE PREMISES WELL BEFORE ENTERING AND CAREFULLY FOLLOWING THE INSTRUCTIONS



11

PROTECT YOURSELF DURING SLEEP BY PLACING A MOSQUITO NET ON THE BED



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WEAR LIGHT-COLOURED CLOTHES THAT COVER MOST OF THE BODY



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IF NECESSARY, USE SKIN REPELLENTS ON EXPOSED SKIN, FOLLOWING INSTRUCTIONS



14